

SurePress™

Two Layer Compression Application Guide

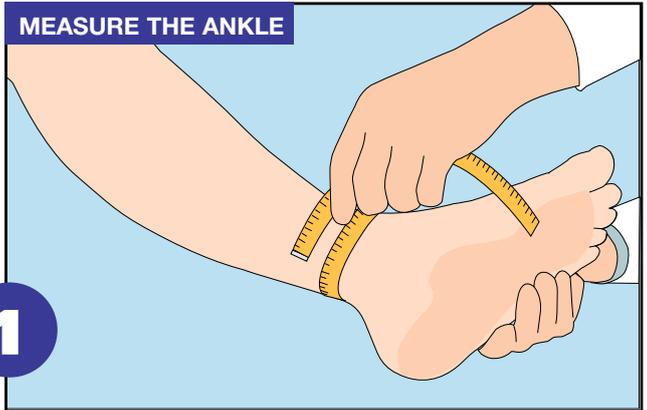


**For confident, comfortable
and consistent compression**

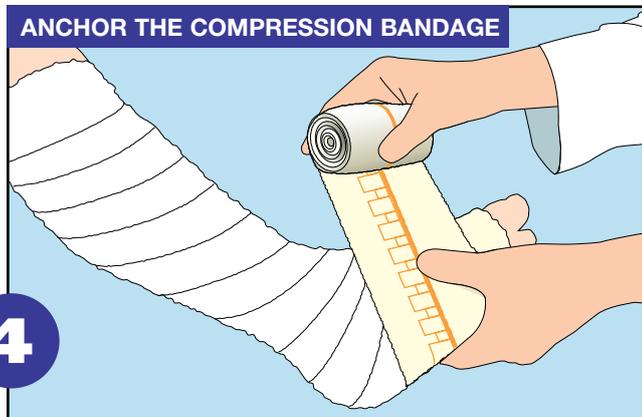
FOR CONFIDENT, COMFORTABLE AND CONSISTENT COMPRESSION

Only SurePress features a unique indicator system to assist clinicians in the application of consistent and sustained graduated compression therapy.

Not only are SurePress compression bandages of the highest quality, conforming to British standard type 3c, our two layer compression system is also more efficient and cost-effective because SurePress compression bandages are reusable for up to 20 washes.



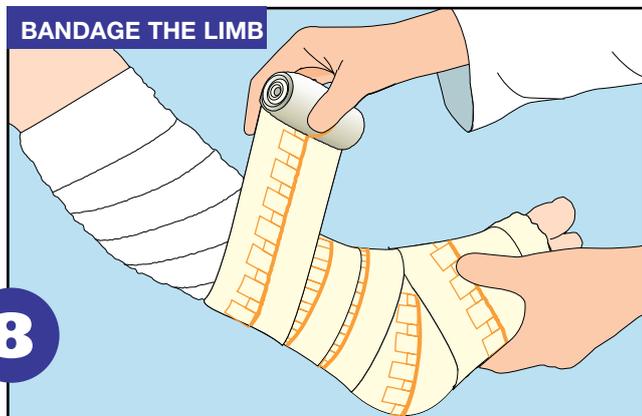
Determine whether the limb size is "Normal" or "Large" using a suitable measuring tape. Ankle sizes between 18 - 26 cms are considered "Normal". Ankles in excess of 26 cms are considered "Large"



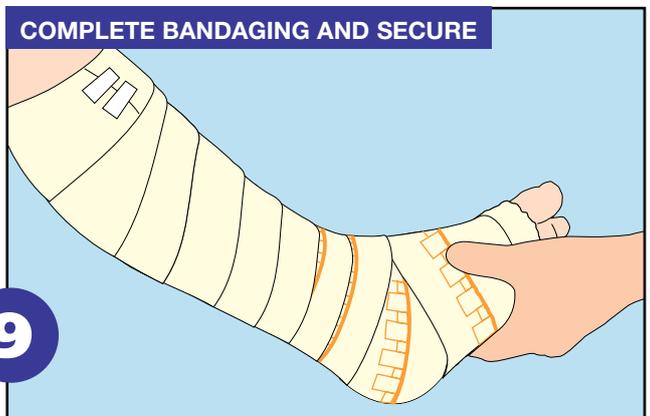
Commence bandaging at the centre of the ball of the foot, with the lower edge of the bandage at the base of the toes. Wrap the bandage, using slight tension 1½ times around the foot, completing the turn on the dorsum of the foot.



Anchoring the bandage with your fingers, extend the bandage until the selected rectangle becomes a square. Take the bandage from the dorsum of the foot and bring it across the centre of the heel, ensuring that there are no pleats or folds in the bandage. Note: It is important to maintain the same level of bandage extension for the remainder of the procedure.

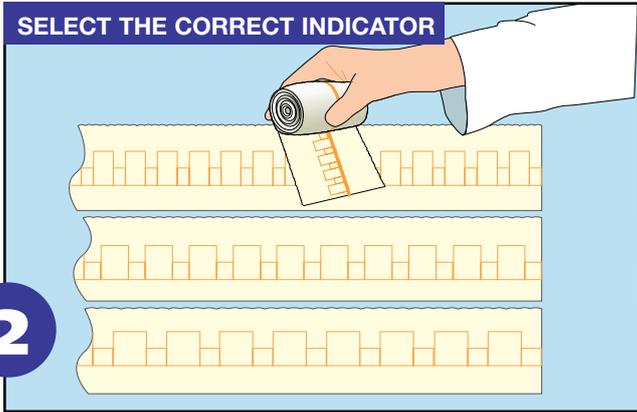


Continue bandaging up the leg in a spiral fashion, ensuring that there is approximately 50% overlap of the previous turn by using the mid-line indicator on the bandage as a guide. Continue to check that the desired extension is being maintained the full length of the leg.



Upon reaching the area just below the knee, cut off any excess bandage and secure with tape. Note: If you have any excess bandage, this should not be wrapped around, as successive layers may increase the sub-bandage pressure.

SELECT THE CORRECT INDICATOR



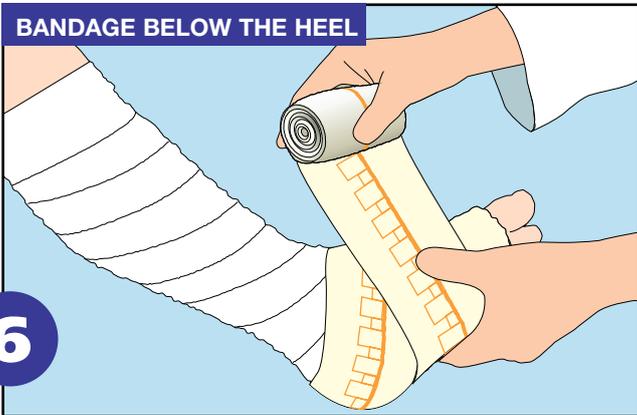
Choosing the correct indicator will, in accordance with Laplace's Law, provide a graduated sub-bandage pressure gradient of 40 mm Hg at the ankle to 15 mm Hg below the knee. The small rectangle should be selected as your compression guide for "Normal" ankles and the large rectangle for "Large" ankles.

APPLY ABSORBENT PADDING



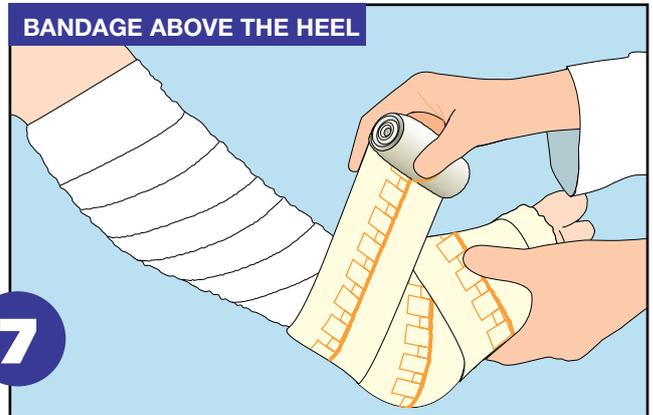
A spiral layer of absorbent padding with a 50% overlap should be applied to the limb prior to the compression bandage. Ensure that the padding is applied from toe to knee. For ankles less than 18 cms, extra padding may be required to bring the ankle diameter up to at least 18 cms.

BANDAGE BELOW THE HEEL



Continue bandaging around and under the front of the heel, maintaining the appropriate amount of extension on the bandage.

BANDAGE ABOVE THE HEEL



Take the bandage around and over the top of the heel, maintaining the appropriate amount of extension on the bandage.

REMOVING SUREPRESS HIGH COMPRESSION BANDAGE

Remove the tape, lift the free edge of the bandage and carefully unwind the bandage.

WEAR TIME AND FOLLOW-UP

SurePress high compression bandages can usually remain in place for up to 7 days. In the presence of discomfort, leakage of exudate, clinical signs of infection or when good clinical practice dictates, the bandage should be removed. Refer to the package insert for full product guidelines and precautions.

High compression bandages can be removed at night and reapplied in the morning (preferably before getting out of bed), providing patient/caregiver has demonstrated ability to properly apply bandage.

If oedema is not reduced after 2 weeks of compression therapy, evaluate application technique, resident compliance with lifestyle guidelines and/or appropriateness of bandage used for this resident.

SurePress™



Indications for use

- Venous leg ulcer management
- Conditions where compression therapy is indicated

Contra-Indications

- Arterial and mixed venous ulcers
- Legs with ankle circumferences less than 18 cms
- Known sensitivity to products or their components

Washing Instructions

SurePress High Compression bandages have been tested to safely produce appropriate compression for up to 20 washes.

- Hand wash in hot soapy water - 40° Celsius
- Use a mild washing product
- Rinse out the bandage with warm water - 20° Celsius
- Gently squeeze out excess water and allow the SurePress compression bandage to air-dry naturally
- Do not wring out the SurePress compression bandage or apply direct heat such as a hot iron or clothes dryer

Presentations

- SurePress Compression bandages are non-sterile and supplied in single packs
- SurePress absorbent padding is non-sterile and supplied in packs of 6 bandages



ORDERING INFORMATION

PRODUCT CODE	DESCRIPTION	DRESSING SIZE	RPBS CODE	QTY PER BOX
650947	Compression bandage	10cm x 3m	4748X	1
650948	Absorbent padding	10cm x 3m	4653X	6

ConvaTec Customer Helpline
AUSTRALIA: Freecall 1800 339 412 NEW ZEALAND: Toll Free 0800 441 763

www.convatec.com.au