



Begin by cleansing the peristomal skin (area around the stoma) with mild soap and rinse with water. Soaps should be free of oils and creams. Remember that an oily substance on the skin may cause poor adhesion of the skin barrier. Pat dry thoroughly.



1

SKIN BARRIER PREPARATION

1. Place the stoma measuring guide over the stoma, measuring the stoma at the base.

Note: For several weeks following ostomy surgery it is important to measure the stoma each time a new skin barrier is applied as the stoma may reduce in size. Select a hole size on the stoma measuring guide that provides a gap of approximately 3 mm (1/8") around the circumference of the stoma.



2

2. Trace the stoma outline onto the paper backing of the skin barrier.



3

3. Using curved, short blade scissors, enlarge the starter hole to match the tracing. After cutting the skin barrier run a finger around the hole to smooth the edges.

INSTRUCTIONS FOR THE APPLICATION OF A SKIN BARRIER WITH A PRE-CUT STOMA OPENING

Select a skin barrier with a pre-cut stoma opening the same as the largest diameter of the stoma. Do not enlarge the pre-cut stoma opening.



4

APPLICATION OF THE ESTEEM SYNERGY® SKIN BARRIER

4. Remove the white release paper and center the hole over the stoma.

Maintain slight pressure on the skin barrier for 30 to 60 seconds.



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5. Remove the protective paper from the tape collar and smooth into place.

ConvaTec offers a wide range of pre-cut and moldable skin barriers. Contact your local retailer or our Customer Relation Center for more details.



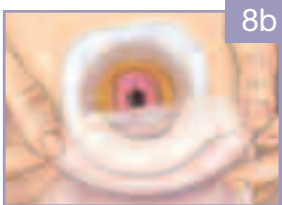
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ATTACHMENT OF THE ESTEEM SYNERGY® POUCH

6. Ensure the transparent landing zone on the skin barrier is completely clean and dry.
7. Remove the release paper from the adhesive ring on the pouch.
- 8a. Rest a finger at the bottom edge of the landing zone and align the bottom of the pouch adhesive ring with the bottom of the skin barrier landing zone.
- OR
- 8b. Fold the adhesive ring, apply the lower half to the bottom of the landing zone, then roll or slide the fingers to secure the pouch.
9. Run a finger around the pouch to make sure it's smooth and wrinkle free.



8a



8b



9

SECURE THE BOTTOM OF THE POUCH

- 10a. **Tail Closure:** Fold the bottom end of the pouch over the small edge of the closure, do not wrap around. Press firmly at the center and edge of the closure to snap into place. To remove the closure, simply apply pressure to the locking edge of the closure and separate.
- 10b. **InvisiClose® Tail Closure:** Hold the security flap up and against the front of the pouch revealing the inter-locking closures. Simply fold the inter-locking closures together 4 times and press the inter-locks together, you should hear a small click. Wrap the security flap around the flap (body side) and lock into place. To drain, simply unlock the security flap and inter-locks and drain.
- 10c. **Accuseal® Tap:** Simply turn the valve to the left to close or right to drain.
Note: A red dot on the valve indicates the open (drain) position.



10a



10b



10c

REPOSITIONING OR POUCH REMOVAL

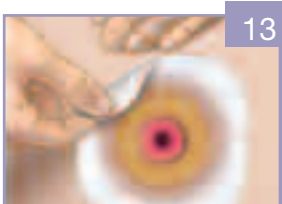
11. Place one hand on the edge of the transparent landing zone.
12. With the other hand, peel the pouch downward with a top-to-bottom rolling motion. Repositioning the pouch is the same as Steps 6-9.



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SKIN BARRIER REMOVAL

13. To remove the skin barrier, gently lift the corner and peel away while pressing down on the skin. AllKare® Adhesive Remover can be used to remove barrier residue before applying a new skin barrier.
Important: Rinse the skin with warm water after using AllKare® Adhesive Remover.



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For more information on this product and others, call our Customer Relation Center (Registered Nurses on staff) at 1 800 465-6302, Monday through Friday, 8:00 AM to 6:00 PM (EST), or visit our Web Site at www.convatec.ca

See package insert for complete instructions.

Note: For flush or retracted stomas, convex products are recommended

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