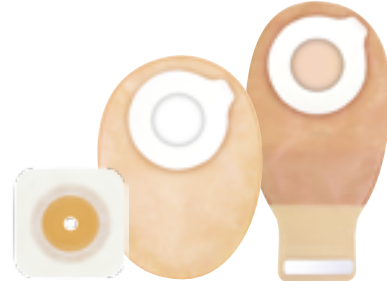


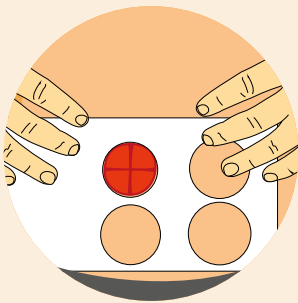
ESTEEM SYNERGY[®] (+)

With Pre-Cut and Cut-To-Fit Skin Barriers

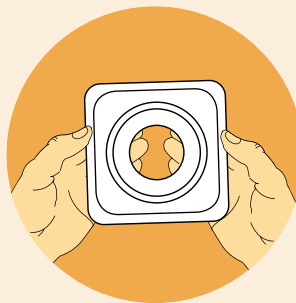


1

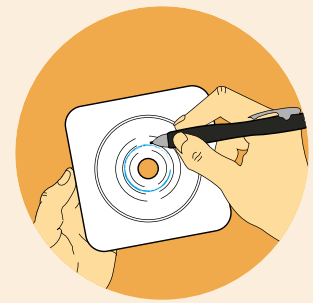
Applying the skin barrier



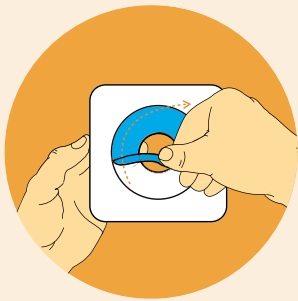
Measure the stoma and select the appropriate size skin barrier.



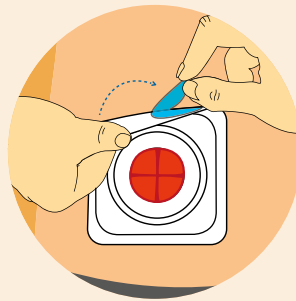
Pre-cut skin barriers:
Select skin barrier with pre-cut opening slightly larger than your stoma.



Cut-to-fit skin barriers:
Trace the stoma size on the centre of the clear release line on the reverse of the barrier, then cut an opening about 3mm (1/8") larger than your tracing.



Remove the clear release liner from the back of the barrier and centre the opening over your stoma.



Press the skin barrier into place and if necessary re-adjust to create a snug fit.



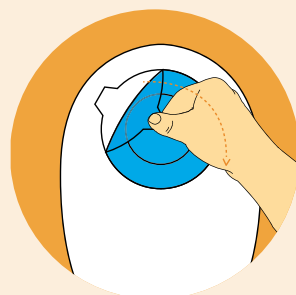
Press gently against skin, smoothing out any wrinkles.

2

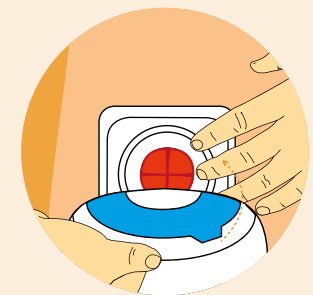
Applying and wearing the pouch



Separate the side of the pouch to allow some air to enter.



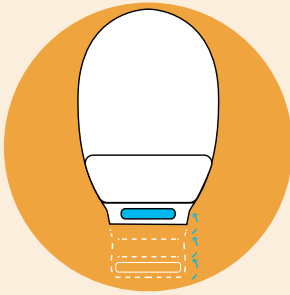
Remove the release paper from the adhesive ring on the pouch.



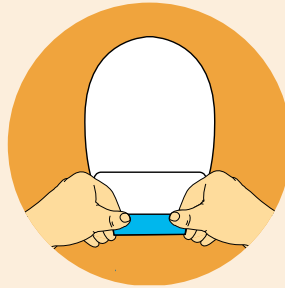
Softly fold the adhesive ring, apply the lower half to the bottom of the landing zone, then "roll or slide" your fingers over the upper portion to secure the pouch.

3

Closing the pouch



Fold the end up towards you until the interlocking closures line up.



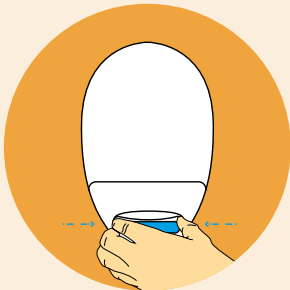
Press and pinch around the closure to secure.



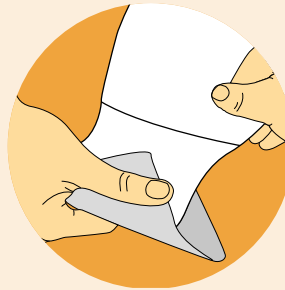
Turn the Lock-it-Pocket™ inside-out to tuck tail inside.

4

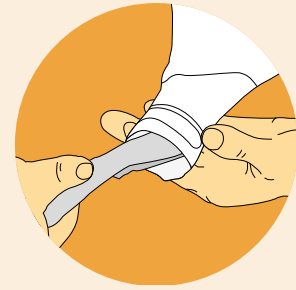
Emptying and cleaning the pouch



To empty pouch, tilt the tail up towards your body. Peel open the closure and unravel tail. Unlock pouch closure and open the tail by pushing in both ends of the outlet end-strips with fingers; drain pouch.



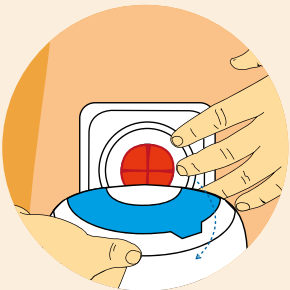
Tips for cleaning the pouch: Support the pouch with one hand and wipe tail of pouch in firm downward motion with toilet tissue in other hand.



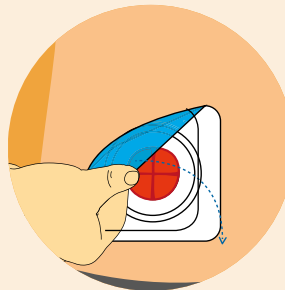
Clean in the inside surface of tail with toilet tissue or baby wipe.

5

Removing the pouch



To remove pouch, peel from the landing zone by holding the tab on the adhesive ring with one hand on the edge of the transparent landing zone. Peel the pouch downward with a top-to-bottom rolling motion.



To remove skin barrier, gently lift the corner and peel away while pressing down on the skin.