



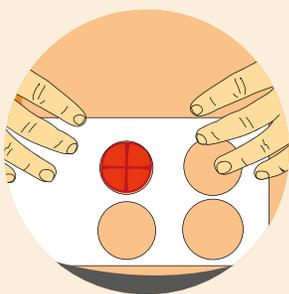
# ESTEEM SYNERGY<sup>®</sup>

WITH MOLDABLE SKIN BARRIERS

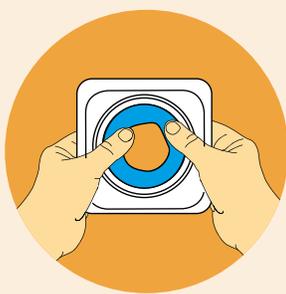


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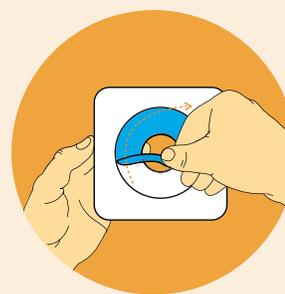
## Moldable skin barrier application



Measure the stoma and select the appropriate size Moldable skin barrier.



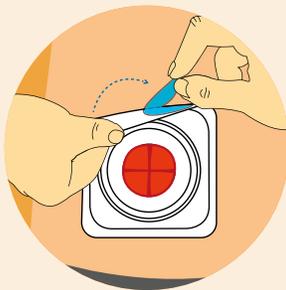
Roll and mold the disc to the size of the stoma. **Do not stretch, pull or cut.** Pinch into place once desired size is reached.



Peel off clear release liner and position the circular opening over your stoma.



Press the skin barrier into place and if necessary re-adjust the rolled adhesive to create a snug fit. Smooth and hold the skin barrier in place for 30 seconds.



Peel off the white release paper from the tape border.



Press gently against skin, smoothing out any wrinkles.

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## Applying and wearing the pouch



Separate the side of the pouch to allow some air to enter.



Remove the release paper from the adhesive ring on the pouch.



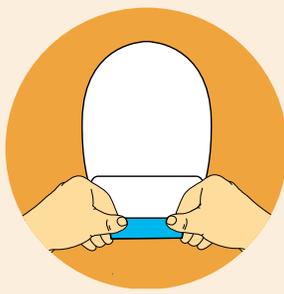
Softly fold the adhesive ring, apply the lower half to the bottom of the landing zone, then "roll or slide" your fingers over the upper portion to secure the pouch.

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### Closing the pouch



Fold the end up towards you until the interlocking closures line up.



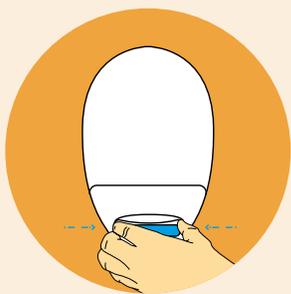
Press and pinch around the closure to secure.



Turn the Lock-it-Pocket™ inside-out to tuck tail inside.

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### Emptying and cleaning the pouch



To empty pouch, tilt the tail up towards your body. Peel open the closure and unravel tail. Unlock pouch closure and open the tail by pushing in both ends of the outlet end-strips with fingers; drain pouch.



**Tips for cleaning the pouch:**  
Support the pouch with one hand and wipe tail of pouch in firm downward motion with toilet tissue in other hand.



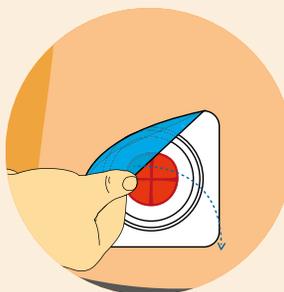
Clean in the inside surface of tail with toilet tissue or baby wipe.

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### Removing the pouch



To remove the pouch from the skin barrier firmly pull downward on the pouch tab and lift the pouch off.



To remove skin barrier, gently lift the corner and peel away while pressing down on the skin.