

Applying Pouch

[A] Before attaching the pouch, allow a small amount of air to enter the pouch by gently separating the two sides.

[B] With the skin barrier securely attached to the abdomen, put your 3 fingers of each hand underneath the **adapter flange**. Align the **flange ring** on the adaptor with the flange ring on the pouch. Press the two **flange rings** together beginning at the bottom. Circle your fingers around to snap the two **flange rings** together. Several clicks may be heard. Tug to be sure the two pieces are connected securely.



Removing Pouch

Pull the pouch away from the adaptor by holding the tab of the pouch with one hand and the **flange ring** of the adaptor with the other. Make sure that you do not detach the adaptor from the skin barrier if you are not planning on changing the skin barrier.

Removing Skin Barrier

Support the skin with one hand and gently peel the skin barrier away from your skin. AllKare® Adhesive Remover Wipes may be used to help remove the skin barrier and any remaining residue.

Managing Tape Border

The edges of the **tape border** may roll up when exposed to water. Simply pat the **tape border** dry, smooth out any wrinkles and press it back into place. Keep the **tape border** free of any solvents, oils or creams.



For more information on this product and others, call our Customer Relations Center (Registered Nurses on staff) at **1 800 465-6302**, Monday through Friday, 8:00 AM to 6:00 PM (EST), or visit our Web Site at www.convatec.ca

See the package insert for complete instructions for use.
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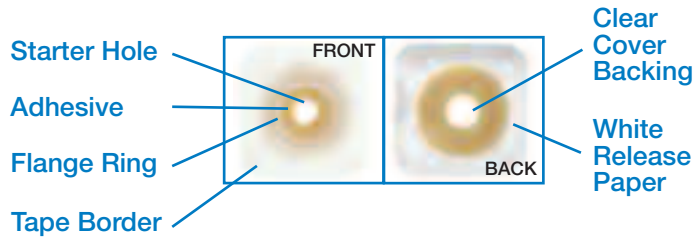


How to use the SUR-FIT Natura® Low-Pressure Adaptor with the SUR-FIT Natura® Moldable Technology Skin Barrier

(including convex skin barriers)



Composition
of SUR-FIT
Natura®
Moldable
Technology
Skin Barrier



Applying Skin Barrier

BEFORE APPLICATION

- Ensure that the **flange ring** sizes of the ConvaTec Moldable Technology skin barrier, SUR-FIT Natura® Low-Pressure Adaptor and SUR-FIT Natura® pouch are the same.
- Hands and peristomal skin should be clean, dry and free of any solvent or greasy substances before you begin applying the skin barrier.

STEP 1 | SIZING

Hold the skin barrier in front of your stoma with the **flange ring** side up.

Use the **clear cover backing** on the **adhesive** as a window to view the size and shape of the stoma.

NOTE: THIS IS A MOLDABLE PRODUCT.
DO NOT CUT!



STEP 2 | MOLDING

To personalize the stoma opening, place your fingers at the edge of the **starter hole** and begin to roll back the **adhesive** to the size and shape of your stoma.

As you roll the **adhesive** back on itself, look through the **clear cover backing** window to ensure the hole you are creating fits the size and shape of your stoma.



STEP 3 | APPLYING THE SUR-FIT NATURA® LOW-PRESSURE ADAPTOR

- A** Align the **flange ring** on the skin barrier with the flange ring on the adaptor. Press the two **flange rings** together beginning at the bottom. Circle your fingers around to snap the two **flange rings** together. Several "clicks" may be heard. Tug to be sure the two pieces are connected securely.



- B** Remove the **clear cover backing** from the skin barrier.



- C** Center the opening over your stoma and press the skin barrier onto your skin.



STEP 4 | SECURING WORRY-FREE FIT

- A** If necessary, readjust the rolled **adhesive** towards the stoma to ensure a snug fit.

Press the rolled **adhesive** down on itself around the stoma while keeping the snug fit between the **adhesive** and the stoma.

Hold the **adhesive** in place for 30 seconds to secure the skin barrier to the skin.

- B** Remove the **white release paper** and press the **tape border** against the skin, smoothing out any wrinkles.

