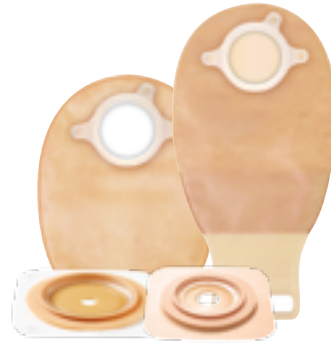


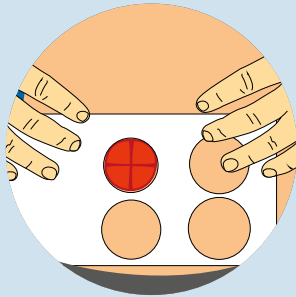


# NATURA<sup>®</sup>

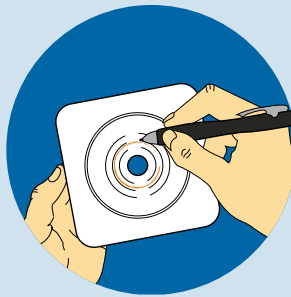
## Cut-To-Fit Accordion Flange



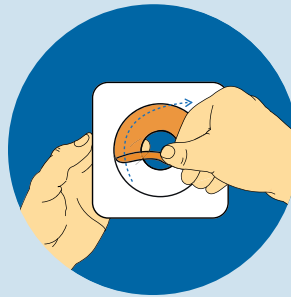
### 1 Skin barrier application



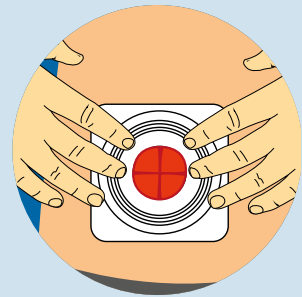
Measure the stoma and select the appropriate size skin barrier.



Trace the stoma size on the centre of the white release paper on the reverse of the skin barrier, then cut 3mm (1/8") larger than your tracing.

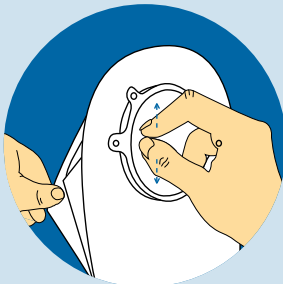


Peel off release liner and centre the opening over the stoma. Apply to clean dry skin.

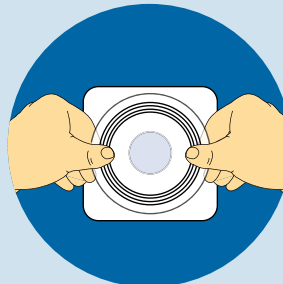


Remove white release paper and press against the skin. Smooth the tape collar and hold the barrier in place for 30 seconds.

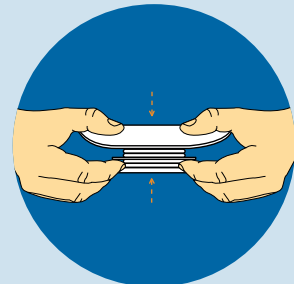
### 2 Applying and wearing the pouch



Separate the sides of the pouch to allow some air to enter.



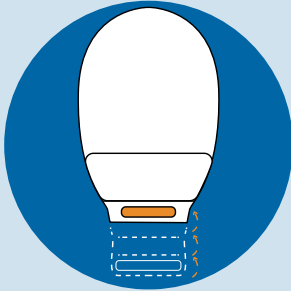
**PULL UP** Accordion Flange and hold with thumbs on top and fingers underneath. Align flanges of pouch and skin barrier.



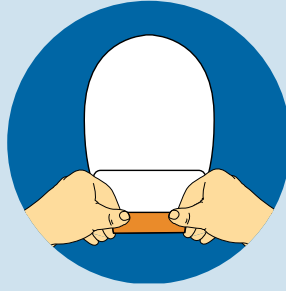
Start at the bottom and apply pressure around the flanges until they snap together. Then place the Accordion Flange in the **DOWN** position for a flat profile.

3

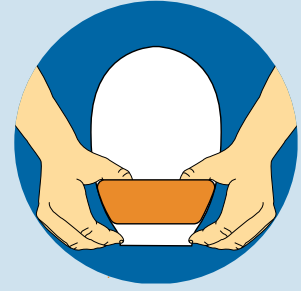
### Closing the pouch



Fold the end up towards you until the interlocking closures line up.



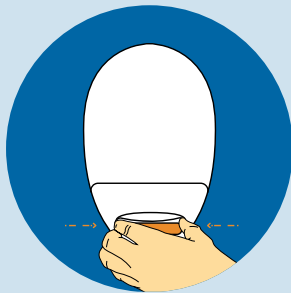
Press and pinch around the closure to secure.



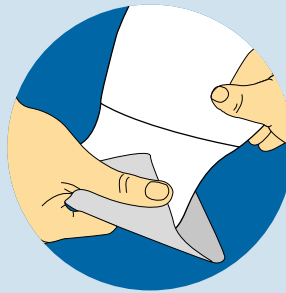
Turn the Lock-it-Pocket™ inside-out to tuck tail inside.

4

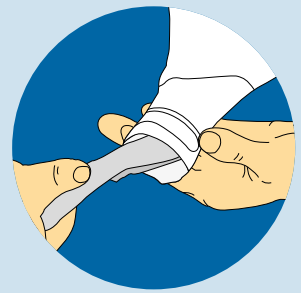
### Emptying and cleaning the pouch



To empty pouch, tilt the tail up towards your body. Peel open the closure and unravel tail. Unlock pouch closure and open the tail by pushing in both ends of the outlet end-strips with fingers; drain pouch.



**Tips for cleaning the pouch:**  
Support the pouch with one hand and wipe tail of pouch in firm downward motion with toilet tissue in other hand.



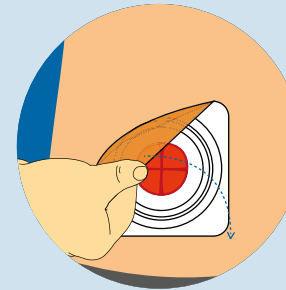
Clean in the inside surface of tail with toilet tissue or baby wipe.

5

### Removing the pouch



To remove the pouch from the flange, hold the flange down with one hand and gently un-snap the pouch.



Gently pull the skin barrier down, away from the skin. While supporting the adjacent skin with your other hand.