

[7] Repositioning or pouch removal

Peel the pouch from the landing zone by holding the tab on the pouch adhesive ring with one hand and the edge of the transparent landing zone with the other. Peel the pouch downward with a top-to-bottom rolling motion.



Skin barrier removal

To remove the skin barrier, gently lift the corner and peel away while pressing down on the skin as you do so. ConvaCare® Adhesive Remover Wipes can be used to help in skin barrier removal. The Esteem synergy® Ostomy System can be used with ConvaTec accessories such as Stomahesive® Paste, ConvaCare® Protective Barrier and Remover Wipes.

If you require assistance or would like additional information please call ConvaTec

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* See the package insert for complete Instructions for Use.

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Application of the Skin Barrier*

Begin by cleansing the peristomal skin with mild soap and water. Soap should be free of oils and creams. Rinse the area and pat dry thoroughly. Your hands and peristomal skin should be clean, dry and free of any solvent or greasy substances before you begin the application process.

[1] Measure the stoma:

Measure the stoma using the enclosed stoma measuring guide and select the proper size Esteem synergy® with ConvaTec Mouldable Technology® Skin Barrier.



[2] Take the skin barrier out of the package:

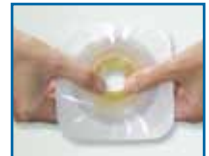
Remove the skin barrier from the package but do not remove either the clear release liner on the adhesive or the white release paper from the flexible hydrocolloid fabric collar.



NOTE: Skin barrier allows the stoma opening to be moulded to the shape and size of the stoma, WITHOUT the need for scissors.

[3] Roll and press:

To create and personalise the stoma opening, place your thumbs (or fingers) at the center of the starter hole and begin to **roll** the adhesive back. Continue to roll the adhesive back until you create an opening of the desired shape and size of the stoma. Do not stretch or pull the adhesive to make it bigger. Periodically hold the skin barrier over your stoma to assess the shape through the clear release liner window. Once you are satisfied the shape of the skin barrier opening is formed similar to your stoma, gently press the rolled adhesive down on itself.



Pouch Application

[4] Remove the liner and place on skin:

Find the tab and remove the clear release liner from the skin barrier. Immediately center the opening over your stoma and press the skin barrier into place.



[5] Snug the adhesive against the stoma:

The rolled adhesive part should gently snug the wall of the stoma. Therefore, if necessary, re-adjust the rolled adhesive back towards the stoma to create this snug fit.



[6] Press and hold:

For optimal performance, press down on the rolled adhesive where it meets the stoma to ensure a good seal. Do this along the entire perimeter of the stoma. Then, hold the circular adhesive in place for at least 30 seconds to secure the barrier to the skin.



[7] Remove white tape border:

Remove the white release paper from the Hydrocolloid Fabric Collar and press against the skin, smoothing out any wrinkles.



Managing the hydrocolloid fabric collar during wear:

- The edges of the collar may roll-up when exposed to water. Simply pat collar dry, smooth out any wrinkles and press back into place.
- Be careful to keep the collar free of any solvents, oils or creams.

[1] Prepare the pouch:

Before attaching the pouch, allow a small amount of air to enter the pouch by gently separating it.



[2] Remove the release paper:

Remove the release paper from the adhesive ring on the pouch.



[3] Align the pouch and apply:

Fold the adhesive ring back, apply the lower half to the bottom of the landing zone, then "roll or slide" your fingers over the upper portion making sure the entire adhesive ring is on the landing zone. This will secure the pouch in place.



[4] Smooth the pouch:

Run your fingers around the pouch to make sure it is smooth and wrinkle-free.



[5] Secure the pouch:

Lift up the pouch so that your fingers are under the plastic landing zone and your thumbs are on top of the adhesive ring. "Walk" your fingers and thumbs around the entire landing zone to ensure there are no wrinkles in the adhesive ring.



[6] If you are using an InvisiClose® pouch:

Fold the tail end up four times and lock into place. Next, wrap the double security flap around to the back of the pouch and click to secure.



If you are using a drainable pouch with a tail clip:

Fold the bottom of the pouch over the tail clip only once. Press firmly on the center of the clip until it snaps securely closed.

