How to Use the
Natura® Low-Pressure Adaptor

Designed for use with ConvaTec Moldable Technology™ skin barriers and Natura® pouches after surgery.

**Products required for application:**
- ConvaTec Moldable Technology™ skin barrier
- Natura® Low-Pressure Adaptor
- Natura® Pouch

**Applying the System**

1. Measure the stoma and select the products: Measure the stoma with a stoma measuring guide. Select the proper size ConvaTec Moldable Technology™ skin barrier, Natura® Low-Pressure Adaptor, and Natura® drainable pouch. Coupling ring sizes should all be the same.

2. Apply the Natura® Low-Pressure Adaptor to the skin barrier:
   **Note:** When removing the skin barrier from the package, DO NOT remove the clear release liner on the circular adhesive or the white release paper from the flexible fabric collar.

   Attach the Natura® Low-Pressure Adaptor to the ConvaTec Moldable Technology™ skin barrier by aligning the coupling ring flange on the skin barrier with the coupling ring on the adaptor. Press the two coupling rings together, beginning at the bottom. Follow the edge of the rings with your fingers, snapping the rings together. Several “clicks” may be heard.

   **Note:** To avoid confusion upon removal of the pouch from the Natura® Low-Pressure Adapator, place the tab of the Natura® Low-Pressure Adaptor down at the 6 o’clock position.

**Applying the System (cont’d)**

Prepare and customize the skin barrier:
Place your thumbs or fingers at the center of the starter hole and begin to roll back the adhesive to form an opening that fits the size and shape of the stoma. The adhesive should roll back easily. It is important to not stretch the adhesive.

As you shape and roll back the adhesive, periodically place the ConvaTec Moldable Technology™ skin barrier over the stoma, so it can be viewed through the clear release liner window. Once the skin barrier is accurately molded to the shape and size of the stoma, proceed to the next step.

**Note:** The use of scissors with a moldable product is not recommended.
**Applying the Skin Barrier**

Remove the clear release liner from the ConvaTec Moldable Technology™ skin barrier. Immediately apply the skin barrier, centering the opening over the stoma.

Press the skin barrier into place. The rolled adhesive should be adjusted to the stoma to create a snug fit between the adhesive and the stoma. Press down on the rolled adhesive along the entire outside of the stoma to ensure a good seal.

Then, hold the adhesive in place for at least 30 seconds to secure the skin barrier to the skin. Remove the white paper from the back of the hydrocolloid fabric collar and press it against the skin, smoothing out any wrinkles.

**Apply the Pouch**

Note: To begin, allow a small amount of air into the pouch by gently expanding it.

Align the flange coupling ring on the Natura® pouch with the flange coupling ring on the Natura® Low-Pressure Adaptor. Press the two rings together, beginning at the bottom and circling around to the top. Several “clicks” may be heard. Gently tug on the pouch to be sure the two pieces are securely connected. To remove the pouch from the Low-Pressure Adaptor, use the “Pinch and Pull” technique. Pinch the rim of the Low-Pressure Adaptor with one hand and pull on the pouch tab with the other hand to separate them.

Note: Do not remove the Natura® Low-Pressure Adaptor from the skin barrier when removing the pouch.

**Seal the InvisiClose® Tail Closure**

Roll or fold up the tail closure four times and press the interlocking closures together. You may hear a soft “click” when you lock them into place. Wrap the security flap over the folded tail and press down to secure.

To learn more, call 1-800-422-8811

M-Th, 8:30 AM – 8:00 PM, ET
Fri, 8:30 AM – 6:00 PM, ET
Sat, 10:00 AM – 2:00 PM, ET

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