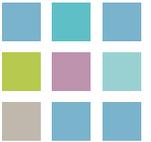


HOW TO USE SUR-FIT NATURA® TWO-PIECE OSTOMY SYSTEM



Begin by cleansing the peristomal skin (area around the stoma) with mild soap and rinse with water. Soaps should be free of oils and creams. Remember that an oily substance on the skin may cause poor adhesion of the skin barrier. Pat dry thoroughly.



1

SKIN BARRIER PREPARATION

1. Place the stoma measuring guide over the stoma, measuring the stoma at the base.
Note: For several weeks following ostomy surgery it is important to measure the stoma each time a new skin barrier is applied as the stoma may reduce in size. Select a hole size on the stoma measuring guide that provides a gap of approximately 3 mm (1/8") around the circumference of the stoma.
2. Trace the stoma outline onto the paper backing of the skin barrier.
3. Using curved, short blade scissors, enlarge the starter hole to match the tracing. After cutting the skin barrier run a finger around the hole to smooth the edges.



2



3

INSTRUCTIONS FOR THE APPLICATION OF A SKIN BARRIER WITH A PRE-CUT STOMA OPENING

Select a skin barrier with a pre-cut stoma opening the same as the largest diameter of the stoma. Do not enlarge the pre-cut stoma opening. Remove the white release paper from the skin barrier. For skin barriers with a tape collar, refer to Step 5.

Note: A thin ribbon of Stomahesive® Paste can be applied to the back of the skin barrier to fill gaps between the skin and the skin barrier.



4

APPLICATION OF THE SUR-FIT NATURA® SKIN BARRIER

4. Place the skin barrier gently over the stoma and press it firmly against the skin with attention to the area closest to the stoma. Maintain slight pressure on the skin barrier for 30 to 60 seconds.
5. After the skin barrier is in place, remove one side of the release paper and smooth it onto the skin. Repeat with the other side, making sure the tape collar is wrinkle free.
Important: Durahesive® skin barriers will swell around the stoma, resulting in a turtlenecking effect. This is normal and will not harm the stoma or prevent the flow of urine or stool.



5



ConvaTec offers a wide range of pre-cut and moldable skin barriers. Contact your local retailer or our Customer Relation Center for more details.

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SUR-FIT
Natura®



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ATTACHMENT OF THE SUR-FIT NATURA® POUCH

6. Position the flange on the pouch over the skin barrier flange. Gently press the bottom of the pouch flange against the skin barrier and move upward. You should hear a series of audible clicks as the system locks securely into place.



7a

SECURE THE BOTTOM OF THE POUCH

- 7a. **Tail Closure:** Fold the bottom end of the pouch over the small edge of the closure, do not wrap around. Press firmly at the center and edge of the closure to snap into place. To remove the closure, simply apply pressure to the locking edge of the closure and separate.



7b

- 7b. **InvisiClose® Tail Closure:** Hold the security flap up and against the front of the pouch revealing the inter-locking closures. Simply fold the inter-locking closures together 4 times and press the inter-locks together, you should hear a small click. Wrap the security flap around the flap (body side) and lock into place. To drain, simply unlock the security flap and inter-locks and drain.



7c

- 7c. **Accuseal® Tap:** Simply turn the valve to the left to close or right to drain.

Note: A red dot on the valve indicates the open (drain) position.

POUCH REMOVAL

8. To disconnect the pouch from the skin barrier, place one hand on the top edge of the skin barrier and with the other hand pull the pouch in a downward motion using the top pouch tab.



8

SKIN BARRIER REMOVAL

9. Gently pull the skin barrier away from the skin, while supporting the adjacent skin with the other hand. AllKare® Adhesive Remover can be used to remove barrier residue before applying a new skin barrier.

Important: Rinse the skin with warm water after using AllKare® Adhesive Remover.



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For more information on this product and others, call our Customer Relation Center (Registered Nurses on staff) at 1 800 465-6302, Monday through Friday, 8:00 AM to 6:00 PM (EST), or visit our Web Site at www.convatec.ca