



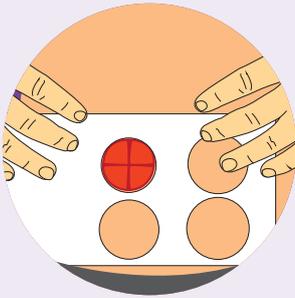
NATURA™

with Pre-Cut or Cut-To-Fit Baseplate

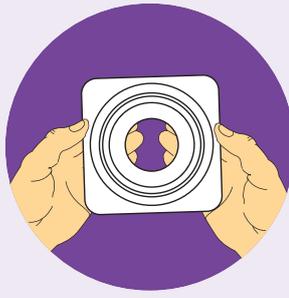


1

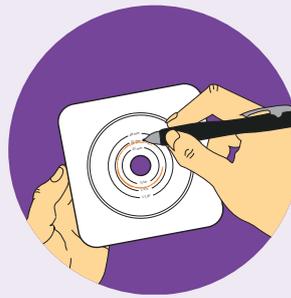
Baseplate application



Measure the stoma and select the appropriate size skin barrier.



Pre-cut baseplate
Select baseplate with pre-cut opening slightly larger than your stoma.



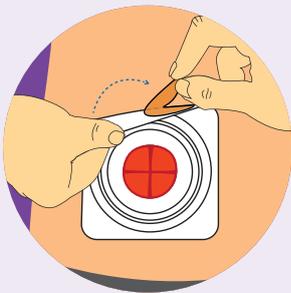
Cut-to-fit baseplate
Trace the stoma size on the centre of the clear release line on the reverse of the barrier, then cut an opening about 1/8" (3mm) larger than your tracing.



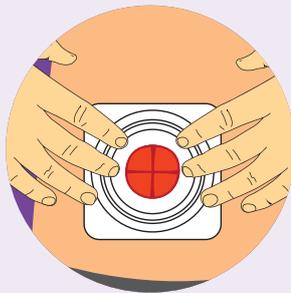
Peel off release liner and centre the opening over the stoma. Apply to clean dry skin.

2

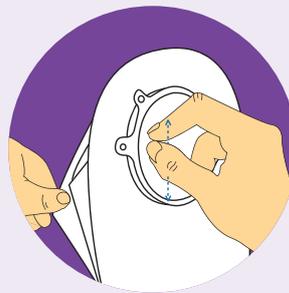
Applying and wearing the pouch



If present, peel off the white release liner from the tape border.



Press gently against skin, smoothing out any wrinkles.



Separate the side of the pouch to allow some air to enter.



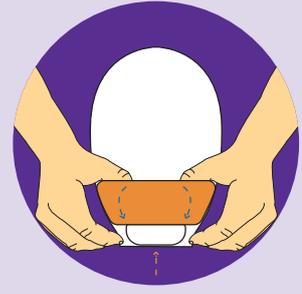
Position pouch over the baseplate. Gently press the coupling together starting at the bottom until the baseplate and pouch "snap" in place and feel secure. **Always double check the coupling is completely closed, if not repeat the steps.**

2

Closing a drainable pouch



Roll the end up towards the pouch until the interlocking closures line up. Press and pinch around the closure to secure.



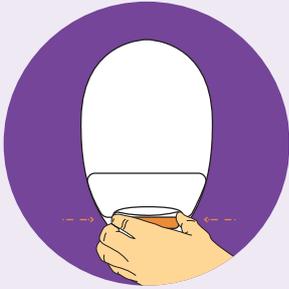
Turn the Lock-it-Pocket™ inside-out to tuck tail inside.

TIP

If using a drainable pouch over a closed pouch, we recommend you close the tail closure before applying your pouch to the baseplate.

4

Emptying and cleaning a drainable pouch



To empty pouch, tilt the tail up towards your body. Peel open the closure and unravel tail. Unlock pouch closure and open the tail by pushing in both ends of the outlet end-strips with fingers; drain pouch.



Tips for cleaning the pouch: Support the pouch with one hand and wipe tail of pouch in firm downward motion with toilet tissue in other hand.



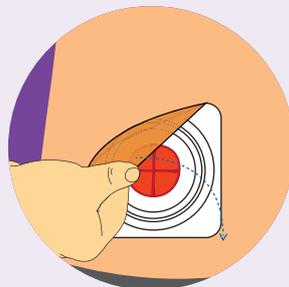
Clean the inside surface of tail with moist toilet tissue.

5

Removing the pouch



To remove the pouch from the baseplate, hold the baseplate down with one hand and gently un-snap the pouch. Only remove the pouch if replacing with a new, clean pouch.



Gently pull the baseplate down, away from the skin while supporting the adjacent skin with your other hand. Only remove the baseplate if replacing with a new, clean baseplate.



TIP

To ensure easy removal of the baseplate use ConvaTec Niltac™ Adhesive Removal where appropriate.

For more information, call us on - 0800 282 254