



Experience the difference

## GentleCath™ Pro Closed-System

Help minimize the risk of infection with no-touch catheterization<sup>1,2</sup>



[www.gentlecath.com](http://www.gentlecath.com)

## Experience the difference



As users transition from your care back to their everyday lives, we want them to feel ready, empowered and as independent as possible. GentleCath™ Pro Closed-System Intermittent catheters will be with them on their journey through life, helping them to re-establish their confidence and continue to achieve their goals.

### Making a difference for over 40 years

An experienced leader in continence care, ConvaTec has made it a priority to listen to the needs of users and the insights of caregivers. This is embodied in the products we design and the services we offer. The GentleCath™ Pro Closed-System is designed for user safety and success.

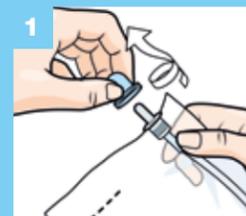
## GentleCath™ Pro Closed-System

Minimize the risk of infection with no-touch catheterization<sup>1,2</sup>

- GentleCath™ Pro Closed-System catheters include a collection bag, which allows the user to catheterize without touching the catheter, while providing the convenience to use the catheter where and when you need it.
- The GentleCath™ Introducer Tip is designed to be inserted into the urethra and allow the catheter to pass through, helping it to avoid coming into contact with bacteria that may build up at the entrance to the urethra.
- This no-touch catheterization is designed to help minimize the risk of infection.<sup>1,2</sup>

**GentleCath™**  
that's a relief

## How to use the GentleCath™ Pro Closed-System:



**STEP 1:** Wash your hands with soap and water and wash the entrance to the urethra with an antiseptic swabstick, towelette or soap and water.

Open the peel pack and take out the GentleCath™ Pro catheter. Remove the plastic cap from the silicone "introducer tip". A slight twisting motion makes this easier.



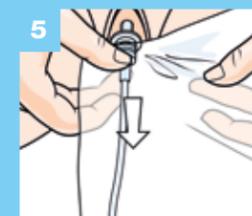
**STEP 2:** While holding the introducer guide in one hand, feed the pre-lubricated catheter forward, until the tip is about to come out of the flexible introducer tip. This helps give the introducer sufficient firmness to enter the urethral opening. Be careful not to push the catheter completely out of this tip.



**STEP 3:** You can add additional lubricant to the loaded tip by swabbing gel from inside the plastic cap.



**STEP 4:** Insert the soft silicone tip into the urethral opening, then begin to advance the catheter into the urethra 1 to 2 inches at a time. Continue until the catheter has entered the bladder and urine begins to flow.



**STEP 5:** To make sure the bladder is emptied completely, remove the catheter with the bag attached and stop if more urine starts to flow.



**STEP 6:** Once the catheter is removed, grasp the bag at the corner where it says "TEAR HERE TO EMPTY" and tear the bag gently down towards the middle of the bag. This will allow you to dispose of the contents without any mess.

Then discard the catheter and wash your hands.



## The ConvaTec me+™ team

- A dedicated team of experts are available to support you – and your users.

Call us at:  
**1-800-422-8811**

Monday-Friday 8:30am-7:00pm EST  
CIC@convatec.com [www.convatec.com](http://www.convatec.com)



[www.gentlecath.com](http://www.gentlecath.com)

**Personalized instructions:**  
users can find customized instructions on how to use GentleCath™ Pro on the GentleCath™ me™ website.



# Medicare: At-a-Glance\*

Per the Medicare guidelines on Intermittent Urinary Catheterization, any patient who utilizes intermittent catheters can receive one sterile urological catheter and one packet of lubricant for each catheterization.

- Physician prescriptions should reflect the actual number of times a patient catheterizes per day
- Medicare will cover one catheter per cathing episode up to a maximum of 200 intermittent catheters per month

Kit Versions:	French Size	Quantity Per Unit	Order Code
Male straight tip	06	100	421411
	08	100	421412
	10	100	421413
	12	100	421414
	14	100	421415
	16	100	421416
	18	100	421417
Soft male straight tip	12	100	421418
	14	100	421419
Male coudé tip	12	100	421420
	14	100	421421
	16	100	421422
Male red rubber straight tip	12	100	421423
	14	100	421424
	16	100	421425
Male red rubber coudé tip	14	100	421426
Female straight tip	14	100	421427

Non-Kit Versions:	French Size	Quantity Per Unit	Order Code
Male straight tip	8	100	421428
	10	100	421429
	12	100	421430
	14	100	421438
	16	100	421432
Soft male straight tip	14	100	421431
Male coudé tip	12	100	421433
	14	100	421434
	16	100	421435
Male red rubber straight tip	14	100	421436
	16	100	421437
Female straight tip	14	100	421439

**REFERENCES:** 1. Hudson E. & Murahata R.I. (2005) The 'no-touch' method of intermittent urinary catheter insertion: can it reduce the risk of bacteria entering the bladder? *Spinal Cord* 43(10), 611– 614. 2. Charbonneau-Smith R. (1993) No-touch catheterization and infection rates in a select spinal cord injured population. *Rehabilitation Nursing* 18(5), 296–299, 305.

\* The reimbursement information provided by ConvaTec is intended to provide general information relevant to coding and reimbursement of ConvaTec's products only. Coverage and payment policies for the same insurer can vary from one region to another and may change from time to time because of ongoing changes in government and insurance industry rules and regulations. Therefore please confirm HCPCS codes with your local DME-MAC, private insurer, or Medicaid agency before processing claims. ConvaTec does not guarantee coverage or payment of its products listed herein.

