

# Cut and fold your own credit card sized stoma travel card




## Create your own Stoma travel card

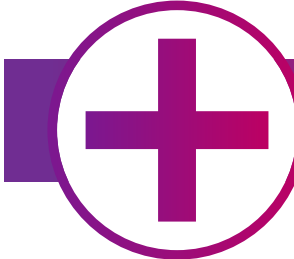
This credit card size cut out concertina folded leaflet (z-fold) can be added to your wallet or purse to show when you are traveling through security. Simply cut and fold as instructed.



Cut




## MEDICAL NOTIFICATION



### I HAVE A STOMA

The bearer of this card wears a stoma pouch, so please conduct body searches carefully and discreetly.


Fold.....



## PRIORITY PLEASE

The holder of this card has a medical condition. **They may need to use your toilet facilities urgently.**

Fold



## STOMA SUPPLIES

This is what a stoma bag looks like when worn on the body. The bag may be fuller, and contain bodily waste.


The stoma pouch I wear looks like this.

Fold

## PLEASE BE AWARE

The holder of this card has a stoma, which is a 'hidden' condition. A stoma is a surgically created opening in the abdomen through which the bowel and/or bladder is diverted so that bodily waste can be collected in a pouch worn on the body. If you need to search the cardholder, please:

- Be sensitive and empathetic
- Offer to conduct the search in a private room
- Do not separate the cardholder from their medical supplies
- Ask the cardholder if they would like a chaperone
- Wear gloves



Cut