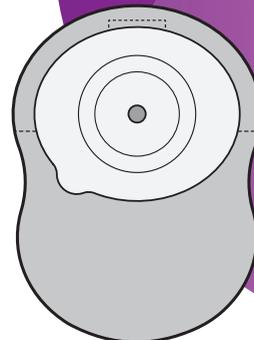


## Application card

# EsteemBody™

## One-piece soft convex closed-end pouch

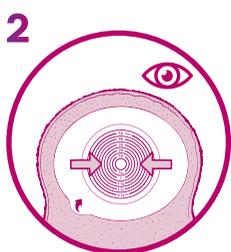
Before application, ensure your hands and the skin surrounding the stoma are clean, dry and free from oily substances.



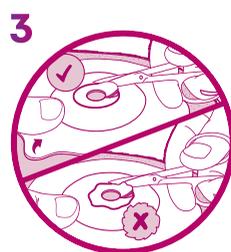
### Preparation and application



1 Place the stoma measuring guide over your stoma to confirm the correct size.



2 If using a pre-cut skin barrier, select a skin barrier with a pre-cut stoma opening slightly larger than your stoma.



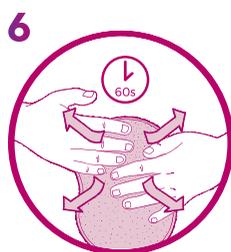
3 If using a cut-to-fit skin barrier, transfer the size to your skin barrier and cut accordingly.



4 Remove skin barrier release liner.

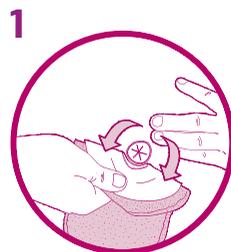


5 Hold the skin barrier below your stoma and apply upwards against the skin around your stoma. Press the skin barrier against the skin.



6 Smooth onto your skin. Maintain slight pressure on the skin barrier for 60 seconds to ensure a good seal.

### Removal and disposal



1 Start by gently lifting the top edge of the barrier, then slowly and gently peel downward.



2 Dispose of the pouch according to local disposal regulations.



### Scan to watch application video

Learn more at [convatec.com](https://convatec.com) or contact us at 1-800-422-8811 or [cic@convatec.com](mailto:cic@convatec.com)