



# Wound Hygiene Month

Four steps to wound healing in October



Wound Hygiene

# Wound Hygiene checklist



Wound Hygiene

## Four steps to wound healing in October

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"At Convatec, we believe that every patient deserves the opportunity for a life without long term pain, impaired mobility or social isolation. That's why we are proud to champion the global roll out of the Wound Hygiene protocol developed by Clinicians for Clinicians, to give every wound the best chance to heal. Our ambition is to provide valuable information that is easily accessible and up to date. This support tool is for you, the Clinicians, who provide vital wound care to improve the lives of patients around the world. "



### **Rachel Torkington-Stokes MSc BSc(Hons)**

Global Senior Director; Clinical Solutions & AWC portfolio;  
Convatec

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## Getting started

### Despite advances in dressing technology and best practice:

- The number of hard-to-heal wounds is increasing<sup>1</sup>
- The associated economic and social costs, and the implications for healthcare systems are posing a significant burden<sup>1</sup>
- Wounds represent a large proportion of antibiotic use - a contributor to resistance issues<sup>1</sup>

### Time to take action:

Use this support tool as a reference for implementing the Wound Hygiene protocol and track your patient's progress throughout Wound Hygiene month. Ensuring that the Wound Hygiene protocol (Cleanse, Debride, Refashion, Dress) is applied at each dressing change.<sup>1</sup>



**Want to learn more  
about taking the  
Wound Hygiene  
Challenge?**

**Contact us**



# Wound Hygiene Month



## The Wound Hygiene checklist

Biofilm is a major barrier to healing: it's present in nearly 8 out of 10 hard-to-heal wounds<sup>2</sup> and delays wound healing.<sup>3</sup> Wound Hygiene sounds simple, but performing these 4 steps at every dressing change can make a big impact on patient outcomes.<sup>4</sup>

Throughout October, use our interactive checklist and healing tracker to monitor your patient's healing progress with the Wound Hygiene protocol.

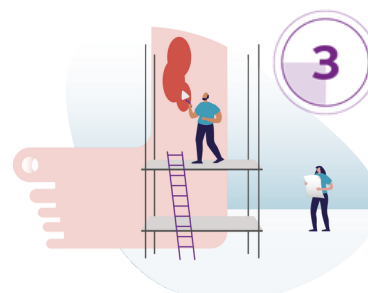
### Wound Hygiene checklist:



Cleanse



Debride



Refashion



Dress



# Wound Hygiene Month



## Four steps to wound healing in October

### **Cleanse**

#### **Clean it like you mean it!**

Actively remove surface contaminants, loose debris, slough, softened necrosis, microbes and/or remnants of previous dressings from the wound surface and surrounding skin.<sup>4 5</sup>



**Cleanse**

# Wound Hygiene Month



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### 2 Debride

Actively debride the wound bed using mechanical force &/or sharp tools (*if within scope of practice*) to remove necrotic tissue, slough, debris and biofilm at every dressing change.<sup>4 5</sup>



Debride

# Wound Hygiene Month

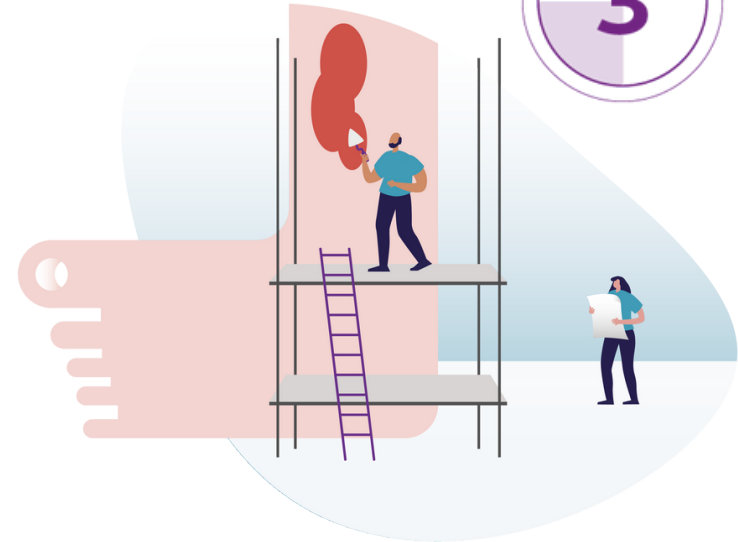


## Four steps to wound healing in October



### Refashion

Agitate the wound edges to stimulate growth factors, to kick start the formation of healthy skin.<sup>4 5</sup> Devitalised tissue, callus, hyperkeratotic debris and senescent cells at the wound edges may be harbouring biofilm. Removing them helps stimulate epithelialisation and wound contraction.



**Refashion**

# Wound Hygiene Month



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### Dress

Address residual biofilm while preventing or delaying regrowth of biofilm by using dressings containing antibiofilm and/or antimicrobial agents.<sup>1</sup>



**Dress**

# Wound Hygiene Month



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## Progress tracker

### Implementing Wound Hygiene

Week 0

Select patients with hard-to-heal wounds

Week 1

Implement Wound Hygiene protocol using Aquacel™ Ag+ dressings at step 4

End of  
week 2

**Review and assess the wound status**

to determine the need to continue with application of Aquacel™ Ag+ dressings at Step 4

End of  
Week 4

Assess and record healing outcomes

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## Four steps to wound healing

### References

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3. Metcalf DG, Bowler PG. Biofilm delays wound healing: A review of the evidence. Burns Trauma. 2013 Jun 18;1(1):5-12.
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5. Murphy C, Atkin L, Vega de Ceniga M, Weir D, Swanson T. International consensus document. Embedding Wound Hygiene into a proactive wound healing strategy. J Wound Care 2022; 31:S1-S24.