CONVEXITY PLATEAU VARIANTS
GUIDELINES/ CONSIDERATIONS

Full assessment of the stoma and abdomen should be made when selecting the convexity plateau size.

Different convexity plateau widths can be selected to provide pressure where needed. Here are some guidelines to aid your choice of convexity plateau:

**Stoma Protrusion**

Protruding: use widest option available – pressure distributed over a wider area around the stoma

Flush: use narrowest option available – also assess the abdomen type and where pressure is required

Retracted: use narrowest option available – this gives pressure closest to the stoma to help the stoma protrude

**Abdomen**

Skin folds/creases: use widest option available – to help to move any skin folds out of the way

Rigid/rounded: use widest option available – pressure distributed over a wider area and can aid adhesion

Flaccid/Average tone: use option most suitable to stoma protrusion

**Stoma Shape**

Circular/round: use pre-cut if available

Non-circular or oval: use cut-to-fit

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