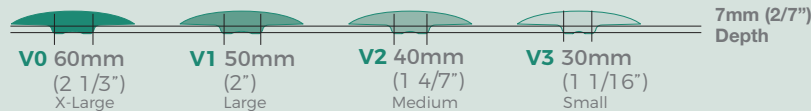# ESTEEM™+ *Flex* Convex

FOUR CONVEXITY PLATEAU VARIANTS

The Esteem™+ *Flex* Convex system is available in four convexity plateau sizes to accommodate a range of stomas and abdomens.

7mm (2/7")
Depth

V0 60mm (2 1/3") X-Large
V1 50mm (2") Large
V2 40mm (1 4/7") Medium
V3 30mm (1 1/16") Small

CONVEXITY PLATEAU WIDTH

1. POUCH TYPE	2. STOMA SIZE	CUT-TO-FIT				PRE-CUT		
		V0 (XL)	V1 (L)	V2 (M)	V3 (S)	V1 (L)	V2 (M)	V3 (S)
Closed	20-25mm (4/5"-1")		421612	421613	421614			
	25-35mm (1"-1 3/8")		421612	421613				
	35-43mm (1 3/8"-1 2/3")		421612					
	43-57mm (1 2/3"-2 1/4")							
Drainable	20-25mm (4/5"-1")	422159	421615	421619	421622			
	25mm (1")	422159	421615	421619	421622	421616	421620	
	25-30mm (1"-1 1/6")	422159	421615	421619				
	30mm (1 1/6")	422159	421615	421619		421617	421621	
	30-35mm (1 1/6"-1 3/8")	422159	421615	421619				
	35mm (1 3/8")	422159	421615	421619		421618		
	35-43mm (1 3/8"- 1 2/3")	422159	421615					
	43-57mm (1 2/3"-2 1/4")	422159						
Urostomy	10-25mm (3/8"-1")		421623	421626	421628			
	15mm (9/16")		421623	421626	421628	421624	421627	421629
	20mm (4/5")		421623	421626	421628	421625		
	25-35mm (1"-1 3/8")		421623	421626				
	35-43mm (1 3/8"-1 2/3")		421623					

CONVEXITY PLATEAU VARIANTS GUIDELINES/ CONSIDERATIONS

Full assessment of the stoma and abdomen should be made when selecting the convexity plateau size.

Different convexity plateau widths can be selected to provide pressure where needed. Here are some guidelines to aid your choice of convexity plateau:

Stoma Protrusion
Protruding: use widest option available – pressure distributed over a wider area around the stoma
Flush: use narrowest option available – also assess the abdomen type and where pressure is required
Retracted: use narrowest option available – this gives pressure closest to the stoma to help the stoma protrude

Abdomen
Skin folds/creases: use widest option available – to help to move any skin folds out of the way
Rigid/rounded: use widest option available – pressure distributed over a wider area and can aid adhesion
Flaccid/Average tone: use option most suitable to stoma protrusion

Stoma Shape
Circular/round: use pre-cut if available
Non-circular or oval: use cut-to-fit

ConvaTec